

# (2022-2023) Annual Plan

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## Instructions:

Government Code Section 30061(b)(4) and Welfare & Institution Code Section 1961(b) call for consolidation of the annual plans required for JJCPA and YOBG.

Please submit your most up-to-date consolidated plan. The following is a standardized template for a consolidated county plan. If you find it helpful to use this template, please do so. Each field must be completed before submitting your plan to the BSCC. If you have nothing to report for a field, please indicate 'N/A'. At the end of the template please press the 'Submit' button to be recorded with the BSCC. Your work will be saved each time you log in, if you need to make any edits.

Your Submission will be posted, as submitted, to the BSCC website.donyat@co.sutter.ca.us

**If you have any questions on completing your annual plan, or wish to use your own plan, please email:**

**JJCPA-YOBG@bscc.ca.gov**

## Juvenile Justice Plan

### Part I. Countywide Service Needs, Priorities and Strategy

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## **Part I. Service Needs, Priorities & Strategy (Government Code Section 30061(b)(4)(A))**

### **A. Assessment of Existing Services**

**Include here an assessment of existing law enforcement, probation, education, mental health, health, social services, drug and alcohol, and youth services resources that specifically target at-risk juveniles, juvenile offenders, and their families.**

Sutter County Probation continues to take a proactive approach to preventing juvenile delinquency by effectively intervening with at-risk youth and families, those involved in the juvenile justice system and those solely referred for voluntary services from community stakeholders. We also emphasize partnerships and active collaboration among stakeholders that interact, serve, and work with youth and their families. The Family Intervention Team (FIT), which is comprised of county and partner agencies, continues to seek new programs and practices to effectively work with youth who are at risk for involvement in anti-social behavior, crime, delinquency, being Commercially Sexually Exploited (CSE), homelessness, truancy, dependency, and other social issues. Youth with these risk factors are identified by any agency within the county, including probation, child welfare, behavioral health, community-based organizations, and city and county schools. Youth identified can be referred to the Family Assistance Services Team (FAST), which meets weekly, and is comprised of representatives from all the above agencies, as well as Alta Regional staff. The FAST team meets weekly to discuss referred cases (with appropriate releases of information in place) to brainstorm services that could be provided to meet the needs of the youth and family. Local law enforcement collaborates with the probation department to refer youth and families for services when they have calls for service and no citation or arrest is deemed appropriate, to include runaway youth and their families. The goal of all involved is to provide prevention and early intervention to keep youth out of the juvenile justice system. Additionally, Probation attends Multi-Disciplinary Intervention Team meetings, bi-monthly, with Victim Services and the Yuba City Police Department to assist with and provide services for youth victims of child abuse or sexual assault.

Responding to the needs of youth and their families, the services, programs, and interventions in Sutter County Probation's PREVENTION array include:

- Gang Resistance Education and Training (GREAT)
- The Change Companies, Forward Thinking Journaling Series; Voices curriculum; and Marijuana Journal
- The Parent Project
- Seeking Safety
- Sutter County Probation Mentoring Program
- Cognitive Behavioral Therapy for Substance Abusing Adolescents
- Referral to Sutter-Yuba Behavioral Health (SYBH)

- Referral to SYBH for possible Youth for Change Full-Service Partnership and/or WRAP services
- Referral to Sutter County One Stop
- Referral to Sutter County Prevention and Intervention Services (PEI) to include the Nurtured Heart program and Strengthening Families program
- Truancy Prevention through Student Attendance Review Team meetings with schools and youths' families
- Referral to ancillary services

In addition to Prevention efforts, Sutter County Probation also focuses on the needs of at-risk youth already displaying pre-delinquent behavior, first-time offenders, status offenses, and youth who have committed minor crimes. Probation's EARLY INTERVENTION efforts include, but are not necessarily limited to, the following:

- Gang Resistance Education and Training (GREAT)
- The Change Companies, Forward Thinking Journaling Series; Voices curriculum; Marijuana Journal; and Responsible Decisions- Impaired Driving Program Journal
- The Parent Project
- Seeking Safety
- Becoming Me
- The Sutter County Mentoring Program
- Cognitive Behavioral Therapy for Substance Abusing Adolescents
- Matrix Substance Abuse Counseling for Adolescents
- Intervention with Runaway Youth and their families
- Mobility Mapping and Family Finding and Engagement
- Referral to Sutter-Yuba Behavioral Health
- Referral to SYBH for possible Youth for Change Full-Service Partnership and/or WRAP services
- Referral to Sutter County One Stop
- Referral to Sutter County Prevention and Intervention Services (PEI) to include the Nurtured Heart program and Strengthening Families program
- Truancy Case Management
- Child and Family Team Meetings
- Referral to ancillary services

While investing heavily in Prevention and Early Intervention, Sutter County Probation also provides a comprehensive array of SUPERVISION AND INTERMEDIATE INTERVENTIONS to work effectively with those youth and families who have entered the juvenile justice system. Supervision programs and Intermediate Interventions in place include the following:

- Case Management Services: Supervision services provided by the Probation Department to

include school monitoring, drug testing, motivational interviewing, and referrals for treatment services.

- Family Assistance Services Team (FAST) and SuperFAST, our Interagency Placement Committee: As noted above, probation partners with Sutter-Yuba Behavioral Health (SYBH), Child Welfare Services (CWS), Sutter County Superintendent of Schools Office (SCSOS), Sutter County's Special Education Local Plan Areas (SELPA's), Sutter County Social Services, Yuba City Unified School District, Youth for Change, Alta Regional, and Sutter County Public Health to provide multidisciplinary case conferencing for youth who are in multiple systems of care. The team collectively problem solves and brainstorms creative solutions responsive to the needs of the youth and family being discussed. In reference to SuperFAST, the partners also work together on placement for youth with complex and/or special needs, determining, among other things, which system (SYBH, CWS, or Probation) is most appropriate to take the lead with each individual youth and/or family. The SuperFAST team also reviews all Wraparound cases, as these youth are deemed at imminent risk of removal from their homes if services are not effectively provided. FAST/SuperFAST always seeks options to avoid out of home placement and/or to determine most appropriate placements for youth who are removed from their homes.
- Incentive and Sanctions Matrix: Probation utilizes an Incentives and Sanctions Matrix to provide consistency in how incentives and sanctions are used. The use of an Incentive and Sanctions Matrix is an Evidenced-Based Practice proven to motivate positive behavior change by placing an emphasis on positive behavior while applying appropriate sanctions for non-compliant behavior.
- Positive Achievement Change Tool (PACT): A web-based risk assessment tool which has been used by the Sutter County Probation since 2008. The probation officer receives an output report which is used in determining treatment needs/goals and case planning.
- The Change Companies, Forward Thinking Journaling Series; Voices curriculum; Marijuana Journal; and Responsible Decisions- Impaired Driving Program Journal
- The Parent Project
- Seeking Safety
- Cognitive Behavioral Therapy for Substance Abusing Adolescents
- Matrix Substance Abuse Counseling for Adolescents
- Mobility Mapping and Family Finding and Engagement
- Sutter County Probation Mentoring Program - this program is currently offered to youth with current or past probation involvement. As the population of mentors increases, it is hoped to be able to expand the program to community referrals.
- Referral to Hall for Home Services through Victor Services and the Tri-Counties Juvenile Rehabilitation Facilities · Referral to Sutter-Yuba Behavioral Health
- Referral to SYBH for possible Youth for Change Full-Service Partnership and/or WRAP services
- Referral to Sutter County One Stop

- Referral to Sutter County Prevention and Intervention Services (PEI) to include the Nurtured Heart program and Strengthening Families program
- Child and Family Team Meetings
- Referral to ancillary services
- School Focused Services: Case assignments for most youth under probation supervision are primarily based on the school attended by the youth to provide collaboration between Sutter County Probation and local school supports.
- Youth who are experiencing significant legal and life problems related to a diagnosis of a mental illness are assigned to a probation officer who collaborates and coordinates behavioral health services through Sutter-Yuba Behavioral Health, Children's Systems of Care, Youth for Change, school staff, community service providers, and other agencies in the community. Child and Family Team meetings may be held to regularly staff these cases. The goal of the caseload is to provide the youth and their family with the services and intensive supports needed while the youth and family needs are being addressed. This caseload continues to be a successful endeavor in intensively supporting a youth and their family.
- Wraparound (WRAP): The WRAP program provides intensive case management and support for youth and their family who would otherwise be considered for placement, either in a Resource Family Home or a Short-Term Residential Therapeutic Program (STRTP) placement. Sutter-Yuba Behavioral Health contracts for this intensive therapeutic service with a community-based organization, Youth for Change. Child and Family Team meetings are a service included in WRAP. WRAP is also frequently used when a youth returns home from an STRTP to ensure a smooth transition, as well as youth in danger of moving up from a resource family home to an STRTP.
- Transitional-Aged Youth (TAY): In Spring 2019, Sutter County Probation began supervising youth aged 18 to 21 years that are under an Adult Probation grant within the Juvenile Division. The two TAY Probation Officers maintain a small caseload of less than 20 youth and supervise said caseload in the spirit of juvenile risk-based supervision: intensive case management, referral to appropriate age-based services (which may include youth services through SYBH), CFTs when needed, etc.; with the understanding that although the youth are legally adults, their brain development is still that of an adolescent. The Sutter County Court recognizes this unique population and considers adolescent brain development during Adult Court proceedings and sentencings. Narratively, this program has shown success through testimony from TAY participants who have expressed they do not feel lost in the system, their probation officer listens to them, and provides one-on-one assistance and support. Further, the TAY probation officers have been able to engage with youth and Child Welfare Social Workers to re-engage many of these TAY participants, who are former foster youth, with Non-Minor Dependency via CWS, providing them with additional case management services, housing, and financial support.

Despite the community and home-based intermediate sanctions available in Sutter County, the

need for RESIDENTIAL INTERVENTIONS remains. Options for youth ordered into out of home placement or secure detention by the Court include the following:

- Mobility Mapping and Family Finding and Engagement
- Maxine Singer Youth Guidance Center (MSYGC): A 72-bed (60 male/12 female) secure program operated by the Yuba County Probation Department which serves as a long-term behavior modification program. The program is approximately 5 months to 1 year in length, based on the positive progress of the youth in the program. During FY2019-2020 there were 7 Sutter County admissions to MSYGC.
- Short Term Residential Therapeutic Program (STRTP) - Sutter County Probation had no youth in STRTP placement in Fiscal Year 2019-2020. This was accomplished through intensive supervision practices, understanding that youth are best served in their family by supporting the whole family to make positive change.
- Resource Family Placement - Sutter County Probation had one youth placed with a Resource Family for only a few weeks in 2019, as the youth then aged out and moved into the Non-Minor Dependent (AB12) program.
- Non-Minor Dependent (AB12) - Sutter County had one youth take advantage of this supportive program; however, it was only for a short time in 2019. The same youth reengaged in services at the end of 2021.
- Child and Family Team Meetings
- Referral to Hall for Home Services through Victor's Services and the Tri-Counties Juvenile Rehabilitation Facilities- Hall to Home (H2H) works with any youth who was detained in TCJRF for at least three days. Services help youth and their families overcome common barriers, and help transition the youth back to school, engage in supportive services, and obtain employment.
- Multi-Disciplinary Team Meetings with TCJRF

The Probation Department and Juvenile Court use detention and long-term custody when lower-level treatment options are inappropriate or have proven ineffective:

- Tri-County Juvenile Rehabilitation Facility (TCJRF): a 60-bed secure facility for youth pending Juvenile Court proceedings, and adjudicated youth awaiting transfer to a placement, camp/ranch, the California Department of Corrections and Rehabilitation (CDCR) Division of Juvenile Facilities (DJF). There were 54 Sutter County bookings in the TCJRF during FY2019-2020.
- Sutter County, Yuba County, and Colusa County continue to collaborate to design an effective Secure Youth Track (SYT) program for youth adjudicated for Welfare and Institutions Code 707(b) offenses, which would have previously been dispositioned to the Department of Juvenile Justice (DJJ). Since the detention facilities are shared via Joint Powers Agreement with all three counties, collaboration is key to implement a plan that will serve and meet the needs of all three counties. The team meets regularly to adjust and develop the program as needs are identified and arise. The team has been working together with Sutter-Yuba Behavioral Health,

Sutter County Superintendent of Schools, and the Yuba County Office of Education. Thus far, there is one SYT youth detained in TCJRF, which is not a Sutter County youth.

- Electronic Monitoring is available to assist in monitoring youth as an alternative to detaining a youth in a Rehabilitation Facility. Since COVID-19, youth that would normally leave the Maxine Singer Youth Guidance Center (MSYGC) on furloughs during their 4th Phase, have not been able to do so. Electronic monitoring has been utilized by the Sutter County Courts as an alternative to youth remaining in Camp Singer for the last weeks of the program.

The Probation Department and its community-based partners are increasingly focused on REENTRY/AFTERCARE services including the following:

- Stepping Stones Aftercare Program: This program of supervision provides intensive support, case planning, and case management services for those youth detained and transitioning out of the Maxine Singer Youth Guidance Center (MSYGC).
- The Yuba County Office of Education leads the Hall to Home program for Yuba, Sutter, and Colusa County youth housed in the Tri-county Juvenile Rehabilitation Facility (TCJRF), as well as those housed at the Maxine Singer Youth Guidance Center (MSYGC). This program assists youth with an individualized reentry plan, to include assistance in enrollment into the appropriate school system, referral to appropriate behavioral health services, referral to ancillary programs, as well as supportive services, and mentoring.
- Youth with behavioral health needs are also eligible for the Augmented Forensic Youth Program through Sutter Yuba Behavioral Health. The purpose of this program is to increase engagement in services for youth with a psychiatric disorder after their release from detention, reducing the need for higher levels of care, and reducing the length of stay in residential treatment settings or inpatient services.
- Youth returning home from a Short-Term Residential Therapeutic Program (STRTP) do so with a supportive hand-off from the STRTP to local community services already in place; usually Wraparound or a like service.
- Electronic Monitoring is available as an alternative to detaining a youth both pre and post adjudication.
- All other services available for Supervision/Intermediate Interventions.

Sutter County Probation and the county in whole is lacking in family counseling for youth and families. We previously had provided Functional Family Therapy; however, due to lack of staffing by Sutter-Yuba Behavioral Health, the program was no longer able to be offered. This has been noted as a gap in service by probation and we are currently in the process of contracting with a community-based agency to provide family counseling for youth.

**Describe what approach will be used to facilitate collaboration among the organizations listed above and support the integration of services.**

Sutter County Probation actively participates in several multi-agency committees:

- Family Intervention Team (FIT): meets monthly and is comprised of department heads and assistant department heads from Probation, Sutter-Yuba Behavioral Health (SYBH), Sutter County Child Welfare (CWS), Public Health, Yuba City Unified School District (YCUSD), Sutter County Superintendent of Schools (SCSOS) Office, Feather River Academy, Youth for Change (YFC), Yuba City Police Department (YCPD), Sutter County Sheriff's Office (SCSO), Alta Regional, Sutter County Special Education Local Plan Areas SELPA, and Friday Night Live. The team addresses system-wide issues, problem solves, and prepares for new mandates, regulations, and implementation of programs across agencies.
- Family Assistance Services Team (FAST): meets weekly and is comprised of Probation, SYBH, CWS, Sutter County Social Services, YCUSD, SCSOS, YFC, and Alta Regional. Staff from other agencies may participate as needed, as they may be involved with a youth or family and able to provide insight. The team reviews referrals for information sharing and brainstorming of services available in the community to assist families in need.
- SuperFAST: meets monthly and is comprised of participants from Probation, Sutter-Yuba Behavioral Health (SYBH), Sutter County Child Welfare (CWS), Public Health, Yuba City Unified School District (YCUSD), Sutter County Superintendent of Schools (SCSOS) Office, Youth for Change (YFC), and Alta Regional. The team reviews cases in out-of-home care and/or those that are at risk of entering out-of-home care, including Wraparound cases. This team also serves as Sutter County's Interagency Placement Committee (IPC).
- Resource Family Approval (RFA)/Foster Parent Recruitment, Retention, and Support (FPRRS) Team: This team meets as needed to determine processes for RFA and recruiting for RFA. The team is comprised of Sutter County Probation and Sutter County CWS.
- Commercial Sexually Exploited Children (CSEC) Team: This team meets as needed to determine processes, protocol, and policies for CSEC youth. The team is comprised of Sutter County Probation, Sutter County CWS, and SYBH.
- Bi-County Coordination of Care Team: This team is comprised of Sutter and Yuba County Probation, Sutter and Yuba County CWS, SYBH, SCSOS, Yuba County Office of Education, and Youth for Change participants. The team meets quarterly to discuss and trouble-shoot any system-wide issues in relation to services provided, barriers to service, and service gaps, as well as any new multi-disciplinary mandates. This team also addresses Continuum of Care Reform (CCR), discussing and sharing information regarding CCR and trainings attended, as well as upcoming trainings. The team also brainstorms and creates processes for CCR mandates, including Therapeutic Foster Care, Level of Care Protocol, Resource Family Approval (RFA) and recruitment, etc.
- Domestic Violence and Child Abuse Council: The Council's goal of reducing all forms of,

domestic violence and child abuse in Sutter County continues to be the focus of the council's activities through the multi-disciplinary collaborative work of the organization. This council monitors response rates to family violence and oversees the Child Abuse Prevention Intervention and Treatment funds (CAPIT) and Community Based Child Abuse Prevention funds (CBCAP). Beginning in 2009, the California Department of Social Services required that programs funded through CAPIT, CBCAP and Promoting Safe & Stable Families funds (PSSF) align with the California Children and Family Services Review (C-CFSR) to strengthen child abuse prevention effort and improve outcomes for children and families. This team meets bi-monthly. The membership of the Council continues to include the following agencies: Sutter County Superior Court, Sutter County Family Law Court; Sutter County District Attorney's Office; Sutter County Sheriff's Office; Sutter County Probation Department; Sutter County Victim/Witness Assistance Program; Sutter County Health & Human Services Department, Employment & Eligibility Branch; Sutter County Health & Human Services, Children's Services Branch; Child Welfare Services; Sutter County Superintendent of Schools Office; Sutter County Health & Human Services – Public Health Branch; Sutter-Yuba Behavioral Health Services; Yuba City Unified School District; Yuba City Police Department; California Highway Patrol, Yuba-Sutter Area office; Children and Families Commission; Yuba Sutter Bar Association; Casa de Esperanza; Adventist Health +Rideout, Family Birthing Center; Adventist Health+ Rideout Emergency Room.

- Displaced Youth Multidisciplinary Committee - The purpose of this team comprised of Probation, Sutter County Superintendent of Schools, and Yuba City Unified School District staff is to provide a team approach to build on a youth's strengths and respond to his/her needs in a coordinated manner, to assist displaced youth/children and their families in achieving and maintaining a permanent and healthy living environment.
- Probation Advisory Committee: this Committee is led by the Chief Probation Officers of California (CPOC) and is comprised of probation staff from all over California to discuss issues/new mandates for those youth in out of home placement.
- Probation attends local law enforcement briefings at least annually to educate officers and deputies on services provided to youth and families, as well as considerations for booking youth in secure detention, and the numerous different types of juvenile supervision. Collaboration with local law enforcement has resulted in decreased referrals to probation for citation/arrest and increased referral for services to defer youth and families from the juvenile justice system.
- Probation collaborates with Yuba City Unified School District and Sutter County Superintendent of Schools to provide supportive services for youth via education. This includes providing the Change Companies Journaling program to youth on campus, referrals for substance abuse counseling, assistance with case management of habitually truant youth via Student Attendance Review Teams and the Student Attendance Review Board (SARB), and participation in positive on-campus activities (probation vs. youth athletic events, Cookies with a Cop events, Read Across America, etc.).

- Probation is an active member of the county's Juvenile Justice and Delinquency Prevention Commission (JJRPC). Probation collaborates and coordinates with the JJRPC on their targeted goal for the year. This past year, the JJRPC continued to focus on creating positive and trusting relationships between youth and local law enforcement by hosting several "Cookies with a Cop" events at local elementary and high schools which included games, a DJ, raffle prizes, and snacks on site at the school, where youth could interact with local law enforcement from Yuba City Police Department, Sutter County Sheriff's Office, and Sutter County Probation, as well as JJRPC members in a positive environment.
- Probation meets regularly with Yuba and Colusa County Probation Departments to discuss detention facility processes and programs, including the development of the Secure Youth Track program.

## **B. Identifying and Prioritizing Focus Areas**

### **Identify and prioritize the neighborhoods, schools, and other areas of the county that face the most significant public safety risk from juvenile crime.**

Based on referrals received through the probation department and areas noted by Yuba City Police Department, areas of concern include:

- Area between Wilbur Avenue and Garden Highway
- Area between Franklin Avenue and Highway 20
- Riverbend Elementary School

## C. Juvenile Justice Action Strategy

**Describe your county's juvenile justice action strategy. Include an explanation of your county's continuum of responses to juvenile crime and delinquency as well as a description of the approach used to ensure a collaborative and integrated approach for implementing a system of swift, certain, and graduated responses for at-risk youth and juvenile offenders.**

### Juvenile Justice System Diversion

Diversion, prevention, and early interventions are vital aspects of Sutter County's juvenile justice continuum. Sutter County Probation provides several Prevention and Intervention services through the Youthful Offender Block Grant, as well as the Juvenile Justice Crime Prevention Act, for local schools and the community. These programs include: Gang Resistance Education and Training (GREAT), The Change Companies Forward Thinking Journaling Series, Cognitive Behavioral Therapy for Substance Abusing Adolescents, The Parent Project, Mentoring Program, and Truancy Case Management. Additionally, probation officers are stationed at two local high schools, one middle school, and a local alternative school to provide Prevention and Intervention services to at-risk students. These services are offered to the whole community, taking referrals from all local agencies, community-based organizations, self-referrals, and from Yuba County. Services are offered to the youth's entire family, as Sutter County Probation recognizes and respects the family system and understands that servicing the whole family creates a greater likelihood of positive outcomes, thus reducing the recidivism and at-risk concerns for the youth and their siblings.

Further, many youths are diverted from the juvenile justice system at the local law enforcement level, as local law enforcement often refer youth to our department in lieu of citation. Those who choose not to take the opportunity for diversion offered by police, and other more serious offenders are sent to the Probation Juvenile Intake Unit for review. If the matter is deemed eligible and suitable for Diversion, a youth may be provided the opportunity to complete a program or task related to their criminogenic needs, including restorative justice type interventions. If the youth completes Diversion successfully, the matter is sealed per 786.5 of the Welfare and Institutions Code.

### Juvenile Justice System – Probation Intake and Supervision

The Sutter County Probation Department has 47 employees and an operating budget of \$8.46 million. The Department has three (3) divisions; Adult Division, Juvenile Division, and Support Division. The Juvenile Services Division is responsible for completing dispositional reports for the Juvenile Court, to include completing assessments, developing collaborative case plans, and providing supervision services to youthful offenders. Deputy Probation Officers (DPOs) working in the Juvenile Services Division monitor and support youth and their families using an evidence-based risk assessment tool [Positive Achievement Change Tool (PACT)], strength-based behavioral-based case plans, motivational interviewing, cognitive behavioral treatment

interventions, as well as chemical testing and monitoring school performance/attendance. In FY 2013-2014, the Department embarked upon the use of Interactive Journaling utilizing The Change Companies curriculum Forward Thinking, which is a cognitive-behavioral intervention utilizing evidence-based strategies to assist youth involved in the juvenile justice system in making positive changes to their thoughts, feelings, and behaviors.

The Juvenile Intake Unit completes a lengthy interview process with the youth and their family. Using Motivational Interviewing (MI), the probation officer interviews the youth and family to gather information to complete the Positive Achievement Change Tool (PACT) assessment to determine the youth's risk to reoffend, as well as any immediate risks and/or needs to be addressed, including screening youth to determine if they have been victimized or are at risk of being victimized through Child Sexual Exploitation. If determined to be low risk to reoffend, the youth may be diverted from the delinquency system with the DPO making appropriate referrals to services and/or programs, which may include: Forward Thinking Journaling, Becoming Me, The Parent Project, Cognitive Behavioral Therapy for Substance Abusing Adolescents, Mentoring Program, Sutter-Yuba Behavioral Health (SYBH), Children Systems of Care (CSOC) via SYBH, Seeking Safety, grief counseling, Transitional Aged Youth (TAY) via CSOC, Family Assistance Services Team (FAST), Sutter County Child Welfare Services, Sutter County One Stop and Adult Education, Alta California Regional Center, Sutter County Public Health, Sutter County Social Services, and to the DPO on campus at the school.

At any point in the process, a youth's case may be staffed at the weekly FAST meeting, which allows for several county agencies and community-based organizations (with a signed release of information) to discuss how the juvenile and family might best be served. A youth's case may also be staffed internally at the probation department to brainstorm and problem solve ideas for case planning and meeting the needs of the youth and family.

If a youth is cited and/or arrested for an offense that is a mandatory referral to the District Attorney's Office or the PACT assessment indicates moderate or high risk to reoffend, the probation officer begins to address needs of the youth and the family immediately as noted above. However, the youth may then start the Court process as well. If/when a youth is placed on some type of supervision, the risk and needs of the assessment, along with a collaborative conversation with the youth and their family, translates into a written case plan. While on supervision, the probation officer utilizes the Juvenile Response Matrix. The matrix includes graduated sanctions for technical probation violations and incentives to reinforce positive behavior. The Response Matrix is presented to a supervisor when a violation of probation (VOP) is considered and the filing of a VOP must be approved by a supervisor when the VOP only includes technical violations and/or misdemeanor offenses. An updated PACT assessment is completed no less than every six months for a youth who is under any type of probation supervision. This allows for updated risk and needs information to inform team decisions and case planning. A case plan is updated/modified regularly when need arises, at minimum no less than every six months.

Many of the juvenile services provided by probation are open to referrals from all other agencies, community-based programs, and self-referral. Unless the youth is detained or the program in question is a parenting class, all services are conducted with individual meetings with the youth and their family. Group-based programming is discouraged with youth, as many studies point out the danger of contamination of youth, particularly those that are low risk to reoffend, when introduced to new, potentially negative peers, especially those that are at a higher risk to reoffend. Further, all Sutter County Probation Officers are trained in Motivational Interviewing (MI) to create a foundational relationship for change. Meta-analyses show that the provider-client relationship plays a large role in client outcome (Hubble, Duncan, and Miller, 1999; Wampold et al., 1997). A critical finding drawn from more than 1,000 research studies concludes: "Putting this all into perspective, the amount of change attributable to the relationship is about seven times that of the amount attributable to a specific model or technique" (Hubble, Duncan, and Miller, 1999). Probation keeps MI at the forefront of probation officers' tools by providing booster trainings several times per year. Probation also implemented the Juvenile Response Matrix in 2015 to address the need to provide swift and certain graduated sanctions and incentives for behavior change. From prevention to out-of-home placement, services are provided along a continuum to maintain rehabilitation and safety of the youth and the safety and best interests of the community.

School-based Probation Officers are housed at two local high schools, one middle-school with a high population of at-risk juveniles, and one alternative school. During the 2021-2022 school year, schools have utilized another Probation Officer part-time at a second middle school. The school-based probation officers provide supervision of all youth on any type of probation supervision, as well as assist with truancy matters, aid in triaging school behavior issues, identify at-risk youth, refer youth and families to appropriate programs and services, and provide direct-service through evidence-based programming to youth in need. This programming includes The Change Companies journaling system - Forward Thinking, which addresses criminogenic factors, including, but not limited to aggression, criminal thinking, relationships, family, substance abuse, and victim awareness. Further, we have two probation officers that assist school districts with truancy-related matters, these DPOs regularly make referrals to programs within probation, as well as community-based organizations to assist families with overcoming barriers to attendance.

Three DPOs and one Intervention Counselor are trained to facilitate Child Family Team (CFT) Meetings and can be utilized to conduct CFTs for youth placed out-of-home (as mandated by CCR), youth at Imminent Risk of Removal from their home, youth under supervision with a high level of needs/support, and non-probation youth needing support and case management.

#### Juvenile Justice System – Detention and Commitment

Sutter County Probation does not operate a juvenile detention facility; however, partners with Yuba and Colusa Counties through a Joint Powers Agreement (JPA), housing youth at the Tri-County Juvenile Rehabilitation Facility (TCJRF) and the Maxine Singer Youth Guidance Center

(MSYGC). Yuba County Probation operates both facilities per the JPA. The 60-bed TCJRF provides safe and secure housing for wards and youth pending Juvenile Court under the care of Yuba County, and offers an array of programs and services. The MSYGC is a 72-bed (60 males/12 females) facility. In addition to a full school program, both facilities utilize evidenced based interventions to include: Positive Behavior Interventions and Supports (PBIS), cognitive behavioral groups, case planning, and skill building. In addition, educational services, recreational activities, religious services, grief counseling, medical and behavioral health care are also provided. Aggression Replacement Training (ART), which is a cognitive behavioral program that focuses on skill streaming, moral reasoning, and anger control, is utilized at both facilities. Forward Thinking Journaling and The Parent Project are provided for MSYGC by Sutter County Probation and Sutter-Yuba Behavioral Health staff to any youth housed in the facility. Moral Reconciliation Therapy (MRT), is offered at TCJRF and is a program which leads youth to enhanced moral reasoning, improved decision making, and increased frequency of appropriate behavior. In FY 2020-2021, there were 25 TCJRF youth admissions for Sutter County and 9 youth committed to MSYGC for the same time period.

**D. Comprehensive Plan Revisions Describe how your Plan has been updated for this year.**

This year, Probation has included contracted therapy provided by a community-based organization. That therapy would include the following:

- Individual therapy for those youth that do not have Medi-Cal and are either unwilling or unable to access their private insurance for treatment.
- Individual therapy to bridge a warm handoff to Sutter Yuba Behavioral Health (SYBH) for youth that find themselves unable to or unwilling to engage in services with SYBH.
- Family therapy
- Trauma-Focused Cognitive Behavioral Therapy

Probation is actively collaborating with the community-based organization and County Counsel to institute a contract as soon as feasible. It is estimated the program could provide services for up to 10 youth a year.

**If your Plan has not been updated this year, explain why no changes to your plan are necessary.**

Changes described above.

**Part II. Juvenile Justice Crime Prevention Act (JJCPA)  
(Government Code Section 30061(b)(4))**

**A. Information Sharing and Data Describe your information systems and their ability to facilitate the sharing of data across agencies within your county. Describe the data obtained through these systems and how those data are used to measure the success of juvenile justice programs and strategies.**

At this time, data is collected internally within the probation department via our case management system and data spreadsheets. The information is limited in sharing electronically, thus information is shared during team meetings (FIT, FAST, SuperFAST, etc.). Data collected includes:

- referrals to probation: crime, arresting agency, mandatory referral, 707 W&I reports, case outcome, restitution owed, case disposition, Court reports ordered, and case closure type.
- referrals to services provided by probation and community-based organizations.
- supervision: type of supervision, risk level, criminogenic needs, protective factors, risk factors, violation of probation (VOP), drug testing results, out of home care, CSEC screenings, reasonable candidates for Title IV-E, and placement type/length.
- Cognitive Behavioral Therapy for Substance Abusing Adolescents (CBT): referrals, sessions attended, successful/unsuccessful completion, risk level, referral source, arrests/detentions prior to program, arrests/detention in program, VOP, restitution completion, juvenile work hour completion, positive drug tests, out of home care, and length of time in the program.
- The Matrix Model Substance Abuse Program for Adolescents and Transitional Aged Youth: referrals, sessions attended, successful/unsuccessful completion, risk level, and referral source
- Stepping Stones Aftercare: referrals, successful/unsuccessful completion, risk level, arrests/detentions prior to program, arrests/detention in program, VOP, restitution completion, juvenile work hour completion, out of home care, and length of time in the program.
- Yuba City Unified School District and Sutter County Superintendent of Schools Office share information on truancy and school behavior related issues for the purposes of supervision of probation youth, as well as to provide prevention and intervention services to students and their families. This includes several probation officers having access to the school case management system (Aeries).
- Sutter County Probation, Sutter County Child Welfare Services, and Sutter-Yuba Behavioral Health share data and outcomes information via a shared drive within the county in relation to the Family Urgent Response System.

Sutter County Probation transitioned to Tyler Supervision as the new case management system in June 2020. The first year roll out has meant adjusting to a significantly different and more modern mode of case management for our department. Understandably, Probation has been primarily focused on developing consistent expectations for data input and program tracking. It is believed that this system will be able to provide more meaningful data and analysis once the true capabilities of Tyler are learned, as well as ensuring our staff have met the new guidelines for consistent entry into the system, so that any data extrapolated can be relied upon.

## **B. Juvenile Justice Coordinating Councils**

**Does your county have a fully constituted Juvenile Justice Council (JJCC) as prescribed by Welfare & Institutions Code 749.22?**

yes

**If no, please list the current vacancies that exist on your JJCC, when those vacancies occurred, and your plan for filling them.**

Sutter County utilizes the FIT Team as our JJCC. Although the District Attorney's office, the Public Defender's Office, the police department and the sheriff's office are invited to attend the meeting regularly, their attendance is sporadic. Sutter County has increased our compliance with this mandate however, as we have added two community members and a member from a community-based organization to the council.

## **C. Funded Programs, Strategies and/or System Enhancements**

# JJCPA Funded Program(s), Strategy and/or System Enhancement

Below are JJCPA funded programs reported by the county.

## Program Name:

Stepping Stones Aftercare

## Evidence Upon Which It is Based:

Outcomes have demonstrated the Program to be effective in reducing juvenile crime and/or delinquency. In 2002, Sutter County Stepping Stones Aftercare Program began reporting outcome data. The program continued after 2011, however was funded through the Youthful Offender Block Grant. It has been funded via JJCPA since the 2013-2014 fiscal year. Data from 2002 to 2011 showed goals met in all the following categories:

- Arrest Rates decreased by 46.5% from 98.9% to 52.9%
- Probation Violations decreased by 37% from 71.4% to 44.9%
- Completion of Probation increased from 3% to 41%
- Incarceration Rates decreased by 56.6% from 99.5% to 43.2%
- Rate of Restitution Completion increased from 0% to 30%
- Completion of Court Ordered Community Service increased from 5% to 55.6%

## Description:

This multi-tiered program incorporates a graduated scale of supervision and family-based service interventions to Wards and their families. The youth are initially committed to the Maxine Singer Youth Guidance Center (MSYGC) for up to one year, as depending upon their progress in the program, the juvenile has the potential to complete the program sooner than a year. The MSYGC program consists of four phases, the juvenile obtaining more incentives as they work through the phases. Acceptance into the MSYGC program begins with a multi-disciplinary assessment to determine the needs of the juvenile and his/her family, and to determine the appropriateness for entrance into the program. Phase four of the program includes a home furlough period with the juvenile returning to the program during the day. The Stepping Stones Aftercare Program is implemented during Phase II of the MSYGC program to create a solid re-entry plan between the juvenile, their family, and the community. Intensive supervision and

support of the juvenile and his/her family continues from the date of commitment to and including six months after release from the MSYGC program. The caseload is maintained by one Deputy Probation Officer who supervises no more than 15 juveniles at a time. Services for these juveniles are family-centered and include detention-based as well as intensive community-based treatment, supervision, drug treatment, education, recreation, life skills building and other capacity building activities. Additionally, participating youth can be connected to the Hall to Home (H2H) program, which is designed to assist in development of successful reentry plans for youth transitioning out of any juvenile detention facility. The H2H program focuses on a carefully developed success-plan to link youth to positive community engagement opportunities, job and vocational skill building, and completion of high school credits or General Education (GED) requirements. H2H utilizes Child and Family Team (CFT) meetings while using evidenced-based practices to support the creation of collaborative and successful re-entry plans in coordination with MSYGC staff, the Aftercare officer, the youth and their families. This approach is an expansion of the multidisciplinary, family-centered approach Sutter County has been working under since 1998. There is success in using this approach in early intervention cases, and we have found similar success through the Aftercare program with juveniles already entrenched in the justice system. This program has been in effect in Sutter County since 2002; however, it has also been previously funded by the Youthful Offender Block Grant. Collaborative partners involved in the MSYGC program and The Stepping Stones program include the Counties of Yuba, Colusa, and Sutter, as the MSYGC is a regional facility. Yuba County maintains the MSYGC facility. Sutter County Probation Officers and/or Intervention Counselors provide Forward Thinking Journaling, The Parent Project, Mentoring Program, intensive supervision, and quality case planning. Sutter-Yuba Behavioral Health provides counseling and family support services, as well as alcohol and other drug services. Yuba County Office of Education and Sutter County One Stop provide education and employment services to eligible juveniles.

**Program Name:**

Cognitive Behavioral Therapy for Substance Abusing Adolescents (CBT)

**Evidence Upon Which It is Based:**

CBT is an evidenced based technique that has been in existence since the early 1950's. CBT is based on the scientific evidence that our feelings are determined by our thoughts and perceptions, rather than by external influences such as people, situations, and events. As for the juveniles who enter the juvenile justice system, the majority, if not all, have been reared and/or exposed to environments that have influenced their negative behavior, resulting in criminal behavior and/or the abuse of controlled substances. By introducing CBT techniques to these identified juveniles, the opportunity to provide ways to take charge of their thought processes can positively impact their feelings in ways that improve their reactions to situations and events. Currently in California, numerous Probation Departments are collaborating with community partners and are utilizing evidence-based practices, including CBT-based programs, as an integral component of intervention and prevention. There are numerous resource documents available noting this evidence-based practice, many of which can be located via the National Association of Cognitive Behavior Therapist's website located at [www.nacbt.org](http://www.nacbt.org). The Mental Health Service Act (Proposition 63) "Mental Health Models that Work for Children and Youth" is a toolkit of information located in the FIGHT CRIME: INVEST IN KIDS California. The toolkit provides reference to CBT, and further discusses the Purpose, Target Population, Duration of the Program and Cost of Participation, the Evaluation Status and Cost Benefit Evaluation.

**Description:**

The program is 12 to 16 weeks in length, with the CBT Facilitator and the youth meeting weekly for 45 minutes to 1 hour on an individual basis. As noted above, three sessions can be family sessions, if the youth agrees to said sessions. There are three Core Modules and 11 Skills Modules. Each session consists of a Check In/Review of Skills and At-Home Practice; Teaching Skills; and Practice, Practice, Practice. The program utilizes Motivational Interviewing for engagement and change processes, role-playing, and modeling. The program also incorporates chemical testing to hold youth accountable throughout the program. Sutter County Probation utilizes one Intervention Counselor and one Probation Officer to provide CBT services.

The 15 sessions cover the following modules:

1. Motivation/Engagement
2. Functional Analysis
3. Coping with Cravings

4. Communication Skills
5. Anger Awareness/Anger Management
6. Negative Affect Regulation
7. Problem Solving
8. Substance Refusal Skills
9. Social Support
10. Job-Seeking/Education
11. Coping with a Slip
12. Seemingly Irrelevant Decisions
13. HIV Risk Prevention
14. Termination
15. 1, 2, 3 Family Sessions

## **Program Name:**

Forward Thinking Journaling (The Change Companies)

## **Evidence Upon Which It is Based:**

The Forward Thinking Journal Series is a cognitive-behavioral series that uses evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings and behaviors. Applying the information presented in the Interactive Journals to their own lives helps participants achieve their goals for responsible living.

The Forward Thinking Interactive Journaling® Series was developed in collaboration with the California Department of Corrections and Rehabilitation, Division of Juvenile Justice's Interactive Journaling® Charter.

Pennsylvania Department of Corrections  
Evaluation, 2007

The Office of Planning, Research, Statistics and Grants of the Pennsylvania Department of Corrections in 2008 completed an evaluation of the pilot program Changing Offender Behavior (COB), launched in 2006 at five correctional facilities (institutions and community centers). Effectiveness of the COB program was evaluated using multiple sources of information: 1) inmate (n = 102) changes in criminal attitude and thinking measured by differences in pre and post CSS-M assessment scores; 2) program facilitator and inmate participant responses on a self-administered survey about the program; and, 3) program facilitator and inmate participant interviews about the program. Preliminary evidence suggests that changes in CSS-M scores (reduction of criminal thinking and attitudes) are correlated with a decrease in institutional misconduct and recidivism\*.

A summary of findings indicated:

- COB had a favorable impact on inmates' thinking and attitudes about crime as measured in pre and post assessment scores. These changes indicate that criminal attitudes and thinking improved, or became more pro-social, after participating in the COB program.
- Overall, of the inmates who reported changes in their level of criminal thinking, approximately 42% (n = 41) showed decreases that were large enough to place them into a lower range for criminal thinking.
- Staff and inmates indicated a general satisfaction with the COB program including the topics covered, the exercises and examples used and the organization of the workbook.

\*Sigmourd, D. (2006). Validation of risk/needs assessments in the Pennsylvania Department of Corrections. National Institute of Justice Report, NCJ - 221255. Washington: U.S. Department of Justice.

Citation: Antonio, M.E. (2007). Evaluation of Pennsylvania Department of Corrections pilot program Changing Offender Behavior (COB). Camp Hill, PA: Pennsylvania Department of

Corrections.

A Summary of Feedback Studies: To determine the success of Interactive Journaling® with outpatient and inpatient alcohol and drug treatment populations, The Change Companies® conducted nine interview/studies at seven treatment sites using a structured questionnaire provided to participants in the program. The population was made up of individuals who were attending aftercare or continuing care programs at the treatment sites and who had used The Change Companies®' Journals during primary care. The purpose of these studies was to determine the strengths and weaknesses of The Change Companies®' materials in order to improve the Journals.

A total of 287 individuals participated in the questionnaire. The length of time in aftercare ranged from just having completed primary care to 13 months of aftercare with the average length of time out of treatment being 104 days. Key findings throughout all groups are described below. Participants indicated that graphics were found to be very helpful in many instances. Also, participants appreciated pages that offered the greatest amount of journaling opportunities the most. The Journal was found to be very useful with or without counselor involvement and valued the ability to share the Journal with their peers. Less than 5% of all participants reported that the Journal was too difficult to understand.

Nearly 90% of individuals reported that the Journal played an important role during primary care with 74% reporting that the Journal helped them stay clean and sober after primary care. Eighty percent of participants reported that the Journal helped them to recognize and express their feelings, and since completing primary care, seven out of 10 respondents use the Journal on a regular basis (at least once per week).

<https://www.changecompanies.net/evidence/?id=16>

## **Description:**

The Forward Thinking Journal Series is a cognitive-behavioral series that uses evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings and behaviors. Applying the information presented in the Interactive Journals to their own lives helps participants achieve their goals for responsible living.

The Forward Thinking Interactive Journaling® Series was developed in collaboration with the California Department of Corrections and Rehabilitation, Division of Juvenile Justice's Interactive Journaling® Charter.

The program is conducted on an individual basis with youth in and out of detention. Based on their needs, either determined by a PACT assessment and/or at-risk indicators, the youth will complete one or more of the following journal topics with a DPO:

What Got Me Here

Individual Change Plan

Responsible Behavior

Handling Difficult Feelings

Relationships & Communication

Victim Awareness

Reentry Planning

Substance Using Behavior

Family

Marijuana

Responsible Decisions – Impaired Driving

Voices

The program is also conducted at the MSYGC in small group format. All DPOs are trained to facilitate the journals and most utilize the curriculum with not only youth under supervision, but also youth diverted from the juvenile justice system, and youth showing at-risk behaviors, including students at local schools. Referrals are taken from DPOs, schools, community agencies, self-referrals, etc. One DPOs sole assignment is to provide supportive services to youth and families, journaling being an included service.

\*This program serves many different populations and may be partially funded via YOBG.

**Program Name:**

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

**Evidence Upon Which It is Based:**

At least 20 empirical investigations have been conducted evaluating the impact of TF-CBT on children who have been victims of sexual abuse or other traumatic events (Cohen & Mannarino, 2017). Research has shown that TF-CBT resulted in significantly greater gains for children and parents. Follow-up studies (up to 2 years following the conclusion of therapy) have shown that these gains are sustained over time. TF-CBT has been designated as an evidence-based approach by several organizations, including the California Evidence-Based Clearinghouse for Child Welfare and the National Registry of Evidence-Based Programs and Practices. According to the US National Library of Medicine National Institutes of Health, TF-CBT alone has been evaluated across the child and adolescent developmental spectrum (3–18 years), for multiple index trauma types (e.g., sexual abuse, commercial sexual exploitation, domestic violence, disaster, war, traumatic grief, multiple and complex trauma), in different settings (e.g., clinic, foster care, community domestic violence center, refugee NGO, HIV treatment centers) and in multiple countries and cultures (e.g., US, Africa, Europe, Australia) and with both mental health and non-mental health providers. In all the studies, TF-CBT was been found to be superior to the comparison conditions for improving PTSD symptoms/diagnosis, as well as other related mental health difficulties such as depressive, anxiety, behavioral, cognitive, relationship, and other problems.

**Description:**

TF-CBT is an evidence-based treatment that helps children address the negative effects of trauma, including processing their traumatic memories, overcoming problematic thoughts and behaviors, and developing effective coping and interpersonal skills. It also includes a treatment component for parents or other caregivers who were not abusive. Parents can learn skills related to stress management, positive parenting, behavior management, and effective communication. TF-CBT combines elements drawn from multiple approaches and theories:

- Cognitive therapy, which aims to change behavior by addressing a person's thoughts or perceptions, particularly those thinking patterns that create distorted or unhelpful views.
- Behavioral therapy, which focuses on modifying habitual responses (e.g., anger, fear) to non-dangerous situations or stimuli.
- Family therapy, which examines patterns of interactions among family members to identify and alleviate problems.
- Attachment theory, which emphasizes the importance of the parent-child relationship and<sub>25</sub>

Developmental Neurobiology, which provides insight on the developing brain during childhood. TF-CBT is a short-term treatment typically provided in 12 to 16 weekly sessions, although the number of sessions can be increased to 25 for youth who present with complex trauma (Cohen, Mannarino, & Deblinger, 2017). Most sessions last approximately 60 minutes, with the child and parent separately seeing the therapist for about 30 minutes each. There are some conjoint sessions in TF-CBT, particularly later in the treatment when the child shares his or her trauma narrative with the parent. TF-CBT is usually completed within 4–6 months. Some children may benefit from additional services once the trauma specific impact has been resolved. Each individual session is designed to build the therapeutic relationship while providing education, skills, and a safe environment in which to address and process traumatic memories. The therapist, parents, and child all work together to identify common goals and attain them. Joint parent-child sessions are designed to help parents and children practice and use the skills they learned and to assist the children in sharing their trauma narratives. These sessions can also foster more effective parent-child communication about the abuse and related issues.

\*This program serves many different populations and may be partially funded via YOBG.

**Part III. Youthful Offender Block Grant (YOBG)  
(Welfare & Institutions Code Section 1961(a))**

**A. Strategy for Non-707(b) Offenders**

**Describe your county's overall strategy for dealing with non-707(b) youthful offenders who are not eligible for commitment to the Division of Juvenile Justice. Explain how this Plan relates to or supports that strategy.**

Sutter County's strategy for non-707(b) youth includes diverting youth out of the Juvenile Justice System at all levels and rehabilitating those who are in the system. By being involved at all levels: truancy, school-based, multi-agency, etc., Probation Officers are offering services, referrals, and support to youth and families in the entire community, not just those youth involved with Probation.

Almost two decades ago the department and partner agencies committed to providing local services for youth out of concern for the number of youths who were in out-of-home placement or were committed to DJJ with few positive outcomes. A Family Intervention Team (FIT) Policy Group was developed and remains intact to this day to focus on youth shared across systems. Federal Title IV-E, Juvenile Probation Funding (JPF,) YOBG, and JJCPA funding allowed the implementation and maintenance of programs to address youth and family issues with prevention, early intervention, intensive supervision, and individualized counseling and support services within the community. Because of these initiatives, Sutter County Probation has significantly reduced the number of out-of-home placements, the number of youths requiring DJJ commitments, and the number of youths under supervision overall. The implementation of the Principles of Effective Intervention has mandated reduced caseloads to provide officers the time necessary to properly assess and case plan with moderate to high risk juveniles. High risk youth with significant behavioral health issues, multi-generational family dysfunction, CWS history, substance abuse, and developmental disorders require significant time and collaboration to prevent them from entering detention and keep them stabilized within the community. Youth who are low risk are evaluated out of the system when possible, sometimes with referral to other services/agencies, or are managed for a short period of time and only to reach specific, short-term goals (e.g., victim restitution). Sutter County continues to struggle with illegal street gang activity and with violent and serious crimes committed by High Risk youth. With the addition of the Mentoring Program, CFTs for any youth that needs said service, and the TAY program, it is hoped we can continue to further reduce the number of youths entering the juvenile justice system. The department continues to seek effective programs to address this population, along with the expansion of evidence-based practices in general. Thus far, the number of referrals has continued to decrease over the past decade, as well as the number of youths under some type of probation supervision. In 2015, there were 97 youth under supervision and in 2019 that number was reduced to only 38. In Fiscal Year 2020-2021, the average number of youths on some type of probation supervision was 44. Sutter County Probation is not a dual jurisdiction

county; however, through our collaborative relationship with Child Welfare Services (CWS) and our commitment to the most least restrictive placements for youth, we have collaborated with CWS, co-case managing youth on lower levels of (non-wardship) probation while they remain dependents. DPOs and CWS Social Workers work collaboratively to meet these youths' and family's rehabilitative needs.

## **B. Regional Agreements**

**Describe any regional agreements or arrangements to be supported with YOBG funds.**

The following programs are implemented with the assistance of other agencies:

- The Stepping Stones Aftercare program, currently funded by JJCPA, is carried out via the Tri-County Juvenile Rehabilitation Facility (TCJRF), Maxine Singer Youth Guidance Center (MSYGC). The regional facility is comprised of Sutter, Yuba, and Colusa counties. Each county provides their own aftercare services for the MSYGC program. This program also leases beds to several other California counties. Sutter County Probation provides the Forward-Thinking Journaling program at MSYGC to all youth in the program, including regional and contracted youth.
- The Parent Project program is also offered to parents of youth detained at the TCJRF and MSYGC facilities, as well as any parents referred by the local schools in Sutter-Yuba Counties, or referred by community-based organizations or other agencies.
- The GREAT program is provided to local schools via agreements with Yuba City Unified School District and Sutter County Superintendent of Schools Office.
- Yuba City Unified School District and Sutter County Superintendent of Schools Office partially funds six probation officers: two at local high schools, one who serves two local middle schools, one at an alternative school, and two to provide truancy prevention, intervention, and case management.

# **YOBG Funded Program(s), Placement, Service, Strategy and/or System Enhancement**

**Below are YOBG funded programs reported by the county.**

## **Program Name:**

Intensive Probation Supervision

## **Evidence Upon Which It is Based:**

At minimum, there are annual conversations in regard to how best utilize and coordinate JJCPA and YOBG funds to best serve both the youth formally referred to Probation and those we are providing prevention and intervention services to in order to keep them from entering the juvenile justice system. While state funds are somewhat stabilized, Probation is using YOBG funds to assure that sufficient staffing is available to fully implement the core elements of evidence-based practices. This requires that caseload sizes remain below 15 to ensure officers can best carry out those services. Probation has also blended funding from the schools with Federal Title IV-E funding to ensure that YOBG funds remain available to cover other needs. JJCPA funds will provide CBT, Stepping Stones, and Forward Thinking journaling services to youth served within YOBG programs. Conversely, the YOBG funded "Parent Project" and CFT meetings will serve families in all programs.

## **Description:**

YOBG funding is utilized in several areas of juvenile probation through reduction of caseload size, providing evidence-based programming and assessment, assisting in utilizing a Juvenile Sanctions and Incentives Response Matrix, assisting in providing multidisciplinary services, providing the training and ability to create comprehensive and collaborative case plans, using SMART (Specific, Measurable, Attainable, Realistic, Timely) interventions, Family Finding efforts, and providing parenting education. The Principles of Effective Intervention are used in assessing, case planning, and case management of offenders. EBP curriculum, including The Change Companies journaling series, are utilized. Referrals can also be made to all internal services, as well as community-based services. Sutter County Probation strives to follow evidence-based practices and best practices in all areas.

Currently, Probation Officers are assigned caseloads of youth who attend local schools

including: Yuba City High School, River Valley High School, Gray Avenue Middle School, Riverbend Elementary School, Albert Powell Continuation School, Feather River Academy, and Live Oak Unified School District (LOUSD) schools, as well as those in alternative school situations, including adult education. There are three probation officers housed on-site at Yuba City Unified Schools (YCUSD), one at Feather River Academy (a Sutter County Superintendent of Schools site) and one truancy officer for YCUSD and one truancy officer for LOUSD. The probation officers assigned to Yuba City High School, River Valley High School, and Gray Avenue Middle School provide supervision for the youth on probation at the school, as well as assist with discipline and intervention for all students, provide The Change Companies - Forward Thinking journaling, an evidence based Cognitive Behavioral Therapy program, for identified students, act as a resource broker for students with identified needs, attend after-hours school functions, assist with truancy and sit in on Student Attendance Review Team (SART) meetings. The probation officer assigned to Feather River Academy provides supervision for the youth on probation at the school, as well as assists with discipline and truancy issues for all students, provides The Change Companies, Forward Thinking journaling program for identified students, acts as a resource broker for students with identified needs, provides tobacco and vaping prevention services, and attends after-hours school functions, assists with truancy and sits in on Student Attendance Review Team (SART) meetings and the Student Attendance Review Board (SARB). The truancy officers provide case management services to those youth on Student Attendance Review Board (SARB) contracts, attends SARB regularly, attends Truancy Court, and often sits in on SART meetings, and acts as a resource broker for services to youth and their families. Several probation officers, even those not assigned to specific school sites, also provide services to identified at-risk youth at school sites.

Two Probation Officers focus on high risk youth who receive services from other agencies, particularly those youth with behavioral health concerns but who may not be attending school and youth at Imminent Risk of Removal from their home. Because of the reduced caseload size, the Probation Officers can provide intensive supervision, guidance, and oversight. Often, these Probation Officers will have contact with the youth and their family several times per week, whether it be at home, school, counseling, a Child and Family Team (CFT) meeting, or in the office. These Probation Officers provide extensive case management for these youth and their families. Some of these youth are at imminent risk for removal, thus qualifying for Title IV-E Federal funding, which requires detailed case plans and documentation. Others are adjudicated of offenses involving a sexual nature but are not deemed predators by psychological evaluation. The psychological evaluation may indicate the youth needs education and counseling around boundaries and normative sexual behavior. This has been identified as a service gap in the Sutter-Yuba area, as these types of programs tend to be cost-prohibitive and are not covered by insurance and/or Medi-Cal. YOBG funds may be utilized to assist in transportation of these youth to this type of program and counseling, and/or assist in funding of the program/counseling if needed. This assists with keeping youth in home-based care, rather than in out-of-home

placement, a key goal of Continuum of Care Reform.

As stated above two Probation Officers are assigned to assist with truancy issues. The POs' focus is on grades First through Eighth, providing intervention and case management to address the needs of the student and their family to increase attendance and maintain the student in a school setting. This prevention and intervention service has been successful in decreasing youth entering the Juvenile Justice System. The program this past year, due to the COVID 19 Pandemic, has focused on ensuring youth are physically and emotionally well, as many were lost in the move to distance learning. All probation officers assisted the schools in home visits to ensure the welfare of students within the city and county. DPOs support the truancy process which includes Student Attendance Review Team (SART) meetings (similar to a CFT) to address barriers in attending school and provide supportive services to increase attendance. One probation officer and one intervention counselor solely provide programs and services, including The Parent Project, Seeking Safety, Cognitive Behavioral Therapy for Substance Abusing Adolescents, Matrix Intensive Outpatient, The Change Companies Forward Thinking Journaling series, and The Change Companies Voices program. All services are provided to any youth referred, including providing substance abuse services and The Change Companies Forward Thinking Journaling series within MSYGC.

Many youth receiving intensive services have experienced school failure, are gang members/associates, or are at risk of gang involvement. All Probation Officers and our Sutter Yuba Behavioral Health Intervention Counselor may facilitate pro-social field trips or coordinate athletic and extracurricular activities for both offenders and at-risk youth. All Probation Officers also provide truancy services when assistance is needed by local schools. Probation Officers also regularly collaborate with community agencies to provide support for juveniles and families. Further, several Probation Officers provide local schools with the Gang Resistance Education and Training (GREAT) program.

**Program Name:**

Risk/Needs Assessment

**Evidence Upon Which It is Based:**

All youth entering the probation department for a delinquency citation/arrest receive an assessment to assist in determination of services needed/offered, as well as how the case will proceed forward in the juvenile justice system.

**Description:**

The Positive Achievement Change Tool (PACT) risk/needs assessment and case planning tool is one aspect of the department's efforts to implement evidence-based practices. The PACT satisfies the following areas: 1) determines a minor's level of risk to reoffend; 2) identifies the risk and protective factors linked to criminal behavior so that the rehabilitative effort can be tailored to address the minor's unique criminogenic needs; 3) pre-populates an automated and customizable case plan focused on reducing risk factors and increasing protective factors; 4) allows managers to run reports to see changes in risk/protective factors over time. Every youth that enters the juvenile justice system is assessed with the PACT, whether it be the pre-screen or the full screen. The PACT revitalizes the role and responsibilities of the probation officer from that of one who monitors sanctions, to that of one who is provided a working tool to assist while modeling pro-social behavior and one who will continue to work with the juvenile and the juvenile's family to mitigate the youth's risk to re-offend by increasing protective factors. The use of Risk/Need Assessments to identify the risk factors and specific needs of each juvenile, and case planning to address those needs, while supporting and building upon a youth's identified protective factors, are evidence-based practices.

Sutter County Probation also utilizes the Detention Risk Assessment Instrument (DRAI) which indicates whether detention, alternatives to detention, release with court-ordered conditions, or release without court-ordered conditions is appropriate when a youth is detained.

**Program Name:**

Sutter County Probation Mentoring Program

**Evidence Upon Which It is Based:**

All youth with current or past probation involvement may be referred to the evidence-based mentoring program. This program serves youth being served via JJCPA funding. This program is mainly funded with Juvenile Probation Funds.

**Description:**

The Sutter County Probation Mentoring Program utilizes the Elements of Effective Practice for Mentoring with guidance through technical assistance from the Office of Juvenile Justice and Delinquency Prevention, which partners with The National Mentoring Resource Center. The program matches youth and mentors who would agree to meet weekly for six months' time. Connecting youth to natural resources in the community is key in reducing recidivism and the hope is that the mentoring program will show positive outcomes in this area. Initially, the program is being offered to youth with current or past probation involvement; it is hoped, the mentor population will increase enough to be able to open the service up for community referrals at some point.

**Program Name:**

Transitional Aged Youth Supervision (TAY)

**Evidence Upon Which It is Based:**

All youth under TAY Supervision may be referred to services provided by JJCPA funding including Forward Thinking Journaling and CBT for Substance Abusing Adolescents.

**Description:**

The TAY Supervision program is a pilot program that began in August 2019. Two DPOs supervise at most 20 Transitional-Aged Youth aged 18 to 24 each. The TAY offenders, all of whom are under a grant of Adult Formal Probation, are supervised within the Juvenile Services Division under the spirit of juvenile supervision, to include the understanding of adolescent brain development. The TAY offenders are eligible for most juvenile services and programs, and when needed, may be considered to receive youth behavioral health services versus adult behavioral health services as needed. The Sutter County Court are made aware of TAY offenders during pre- and post-dispositional Court proceedings to maintain a more Juvenile Court-like approach, and the TAY DPOs attend adult court hearings on behalf of their TAY youths. Additionally, TAY officers produce written plans for review by both the District Attorney and defense counsel that provide additional information at the time of violations. These VOP Plans again identify TAY offenders and suggest possible resolutions that are more in line with the goals of Juvenile Court whenever possible. Sutter County Probation remains hopeful that servicing TAY youths in this way will result in positive outcomes for youth, as well as lower recidivism for said population, resulting in enhanced community safety. Narratively, there has already been positive feedback from both the TAY offenders, as well as from the POs supervising the TAY offenders. In FY 2019/2020, there were 5 violations of probation filed, all for new felony offenses.

**Program Name:**

Individual and Family Therapy

**Evidence Upon Which It is Based:**

All youth referred to probation for citation/arrest will be eligible for this program, including the Trauma-Focused Cognitive Behavioral Therapy program funded via JJCPA.

**Description:**

Individual and Family Therapy contracted with and provided by a community-based organization (CBO). That therapy would include the following:

- Individual therapy for those youth that do not have Medi-Cal and are either unwilling or unable to access their private insurance for treatment.
- Individual therapy to bridge a warm handoff to Sutter Yuba Behavioral Health (SYBH) for youth that find themselves unable to or unwilling to engage in services with SYBH.
- Family therapy
- Trauma-Focused Cognitive Behavioral Therapy (funded by JJCPA).

Probation is actively collaborating with the community-based organization and County Counsel to institute a contract as soon as feasible. It is estimated the program could provide services for up to 10 youth a year. Probation previously provided Functional Family Therapy; however, lost the program several years ago due to the loss of the Sutter Yuba Behavioral Health supervisor that was required to oversee the program. Since that time, Probation has been researching ways to mitigate the loss of the program. It is hoped, the partnership with the CBO will meet this need. If the program provides successful outcomes, discussions will ensue to increase the number of youth able to be served.