

2022-2024 PROUD PARENTING GRANT PROGRAM
Project Summaries (in alphabetical order)

Family Paths, Inc. - \$300,000

Location of Services: Alameda County

Family Paths, Inc. provides culturally appropriate and evidence-based curriculum, the Nurturing Parenting Program® (NPP), to 30 high-risk young parents (annually). This project increases parenting knowledge, supports positive parent-child interactions, improves co-parenting relationships, and provides community linkages. The project has two (2) goals: Stop the intergenerational cycle of child maltreatment by teaching positive parenting behavior and connecting families to community resources to strengthen family self-reliance. Parents receive ongoing support during and after the NPP sessions through a 24-hour Parenting Stress Helpline (including a text platform). As part of the project activities, parents obtain coaching sessions with a Peer Mentor for additional support. Young parents are referred to the project through partner agencies including Beyond Emancipation, Fred Finch Youth and Family Services, and Alameda County Department of Children and Family Services.

New Hope for Youth - \$300,000

Location of Services: Santa Clara County

New Hope for Youth serves approximately 25 parents and/or expectant parents (annually) with skills training which increases parenting knowledge, supports positive parent-child interactions, and improves co-parenting relationships. The project assists participants with accessing community linkages and encourages family-centered activities to strengthen generational bonding. The project works in collaboration with the Santa Clara County Probation Department to address the needs of youth and young adults who are parents re-entering the community from incarceration or are being monitored on Probationary status. Parents learn skills they can put into practice to become better parents and role models for their children. The project uses the Parents Inside Out curriculum- listed with the California Evidence-Based Clearinghouse for Child Welfare, and Active Parenting of Teens curriculum.

New Opportunities Organization - \$300,000

Location of Services: Los Angeles County

The New Opportunities Organization's Proud Parenting project addresses the unique needs of young parents in the community of East Los Angeles by providing an innovative approach to supporting and increasing the protective factors of young parents (approximately 50 annually). The project provides free parenting groups to increase parental knowledge which supports a stronger mother/father involvement and increases positive parent-child interaction. New Opportunities Organization in collaboration with Archdiocesan Youth Employment uses a wraparound service model to not only offer parenting groups but to also have available, as needed, free co-located services such as

mental health, individualized case management, co-case management, employment, education, paid work experience opportunities, and soft skills training.

Rite of Passage Adolescent Treatment Centers and Schools, Inc. - \$299,949

Location of Services: Imperial County

Rite of Passage Adolescent Treatment Centers and Schools, Inc. and its collaborating agencies, provide parenting services to approximately 50 young or expectant parents (annually) in Imperial County. The project provides trauma-informed, culturally, and developmentally appropriate services which target identified risks and needs to increase parenting skills, promote healthy families, and reduce socio-economic barriers. The program follows the Principles of Effective Intervention by responding to these risk/needs by creating individualized service plans and prescribing interventions that are research-based, including Active Parenting – First Five Years, Making Parenting a Pleasure, and Aggression Replacement Training curricula. The project also provides workforce training through the National Retail Foundation RISEUP curriculum. The case management services reduce barriers and link parents to resources such as education, mental health, medical, transportation, childcare, and local job openings to maintain their success as parents.

Tulare County Office of Education - \$300,000

Location of Services: Tulare County

The Tulare County Parenting Program utilizes a case management approach to ensure all eligible participants (approximately 20 annually) are referred to the vast array of local community resources, as needed. Specifically, the case manager works with each participant to develop an individualized case plan which includes parenting classes. Four local area parenting program providers offer an evidence-based parenting program called SafeCare®. Community partners include the Parenting Network, the Cutler-Orosi Parent Education Center, and the Woodlake Family Resource Center. The three (3) project goals are: 1) Increase levels of family support services for eligible young parents or expectant parents to break the intergenerational cycle of violence and delinquency; (2) Increase parenting skills by providing parenting programs that focus on greater family functioning and parenting confidence; and (3) Reduce the number of substantiated cases of child physical abuse and neglect.

Unity Care Group - \$79,554 (partial award)

Location of Services: Mainly Santa Clara & San Francisco Counties

Unity Care Group will serve youth and young adults ages 16-25 who have a history of juvenile justice involvement and are parents or expectant parents. Most will be “crossover” youth who also have a history of involvement in the child welfare system - our focus is on foster and former foster youth. The program will deliver person-centered, trauma-informed, culturally sensitive suite of parenting services and support. The project area will focus on Santa Clara and San Francisco County youth but will not turn away youth from other counties Unity Care has a presence in. We will serve up to 12 youth

annually in alignment with the reduction in funds. Services/interventions: Using an empowerment model approach, the interventions will include eligibility screening, comprehensive assessment, 1:1 intensive parenting coaching, and parenting navigation services coupled with light case management.

Vista Community Clinic - \$300,000

Location of Services: San Diego County

Vista Community Clinic provides parenting education, case management services, and anti-recidivism assistance to approximately 75 young parents (annually) involved in the juvenile justice system and/or who are crossover youth within the child welfare system. The project recruits participants with the assistance and support of the San Diego County Probation and Child Welfare Services Departments. The project uses the evidence-based Nurturing Parenting Program® (NPP) curriculum, which is modified to include additional problem-solving content with the intention of preparing youthful parents in making good decisions, so as not to recidivate. The project provides individualized case management services and each parent participates in a health-focused assessment and then develops a Client Action Plan. The case management supports resolution of barriers toward a stable life and the identification of needs that support long-term growth and stability, including assistance with basic needs, legal issues, education, and employment.

Volunteers of America of Los Angeles - \$300,000

Location of Services: South/Southeast Los Angeles County

The Volunteers of America of Los Angeles project serves approximately 25 young justice-involved fathers of color (annually). The project provides assessments, individualized case management, responsible parenting education classes. Parents receive evidence-based curricula, including On My Shoulders and 24/7 Dad, and linkages to supportive services, including employment services, childcare, healthcare, mental health care, substance abuse treatment, legal assistance, domestic violence services, and housing. Through these services, the project increases the parenting knowledge, skills, and attitudes of fathers; increases opportunities for positive parent-child interactions; improves co-parenting relationships of fathers; and connects fathers to key community resources to support residential and economic stability and self-sufficiency. The project outcomes are fathers who are better equipped with the relationship, parenting, and employment skills and tools they need to successfully support their families and make a better life for their children.

Yuba County Office of Education - \$285,720

Location of Services: Yuba County

The Yuba County Office of Education, in partnership with Yuba County Juvenile Probation Department, Yuba County Health and Human Services, and Ampla Health, provides case management and direct services to teen parents with the goal of obtaining a high school diploma, college/vocational training, and/or employment while teaching parenting skills and child development. The project provides the Adolescent Parenting Program, an

evidence-based curriculum consisting of four (4) core areas: community advisory council, home visits, case management, and group educational outings/sessions. In addition, the project provides the Partners for a Healthy Baby curriculum from Florida State University that teaches the developmental stages of a child as well as nutrition, brain development, and parenting skills.